



STEENBERG
SPA

THE INNER PEACE WELLBEING JOURNEY

An ıla Treatment, Guided Stillness & Light Seasonal Lunch. Step away from the pace of everyday life with a considered journey designed to calm, restore and reconnect.

Your experience includes:

- Guided Stillness with breathwork, meditation & sound
- Thermal Suite Experience
- Leisure time at the pool
- Back, neck & shoulder massage
- Light seasonal lunch

R1 895 per person

Advance booking is essential.

Limited spaces are available to preserve the intimate nature of the experience.

RESERVE YOUR EXPERIENCE

Call 021 712 7481, WhatsApp 076 419 1593 or
email spa@steenberghotel.com

Promotion valid: 1 -31 October 2026