



STEENBERG  
SPA

# WELLNESS SANCTUARY DAYS

05 & 22 JUNE

A restorative day designed to help you slow down, reset and reconnect with a sense of balance. Thoughtfully paced from start to finish, Wellness Sanctuary Days offer time to unwind and settle into a gentler rhythm.

## INCLUDES:

- Guided yoga session
- Breakfast at Tryn
- Holistic Touch Massage
- Access to the outdoor Thermal Suite and heated Vitality Pool

**BOOKING ESSENTIAL**

R2 000 per person

Call 021 712 7481, WhatsApp 076 419 1593 or email [spa@steenberghotel.com](mailto:spa@steenberghotel.com)