



STEENBERG

SPA





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SPA

UNLOCK YOUR JOURNEY TO REJUVENATION

A visit to Steenberg Spa promises a day of complete physical and mental rejuvenation. Your experience begins by choosing a therapeutic treatment which can be done within the Spa's serene interiors, or the idyllic gardens outdoors. Once your treatment is completed, a world of leisure and relaxation awaits across the majestic Steenberg Farm.

The Pool House is a haven where the sounds of nature and the cool waters whisk you away for an afternoon of complete repose. Sip on a bespoke cocktail, or recline on the lounges to soak up the sun. Stroll through the lush gardens and winding walkways that are punctuated by sculptures and blossoming fragrant flowers, before discovering Steenberg's two award-winning restaurants, the Wine Tasting Room nearby, and the sprawling vineyards that climb the rolling green hills.

ABOUT STEENBERG SPA

Situated in the heart of Steenberg's established estate, Steenberg Spa is the very picture of serenity and relaxation. Surrounded by sprawling vineyards, lush gardens, and the Cape's iconic mountains beyond, it's a complete escape from city life, where body and mind find rejuvenation and healing at the hands of skilled and attentive spa therapists, and world renowned treatments.

Steenberg Spa is at the forefront of healing therapies and luxury treatments. Using specialised products from acclaimed brands like ila, Margaret Dabbs, QMS, and Bellabaci, each treatment is designed to unlock a sense of tranquillity and physical well-being; and can be done within the beautifully appointed Spa, at the Pool House, as well as in the breathtaking nature of the secluded gardens.

ilā

ila defines an organic luxury skincare and lifestyle brand, rooted in mother nature, blessed with good intentions, and delivered with joy and love.

ila is named after the Hindu goddess of truth and the Sanskrit word for Mother Earth. Mother Earth is the embodiment of truth and truth is our essence.

ila prides itself on being a skin and heart nurturing brand supporting the age-old adage that beauty is much more than just skin deep, it is a quality within. It is a feeling.

At ila we walk a very different pathway; to be luminously ourselves, to enjoy a harmony between mind, body, and spirit.

Steenberg Spa incorporates ila into a variety of specialised treatments including facial therapies, massages, scrubs and wraps, and full-body Ayurvedic experiences. We are proud to be the sole stockist of ila in the Western Cape.





ILA FACIAL THERAPIES

ANANDA

**Nourishing - Hydrating - Rejuvenating
For stressed and exhausted skin**

This divine therapy stimulates energy to skin cells. Specialised marma massage techniques restore natural luminance, whilst a green clay mask reduces inflammation.

— 60 min R3 500

RENEWED RECOVERY

Firming - Balancing - Renewing

For hormone imbalance, city living and jet lag
Lymphatic drainage techniques, warm herbal poultices and an Amazonian mud mask, encourage toxin release, reduces water retention, increase blood supply and boost collagen production. Skin tone is brightened and muscle contraction is inhibited, softening fine lines and wrinkles.

— 60 min R5 500

CBD REJUVENATE

**Calming - Tension release - Brightening - Hydrating -
Anti-aging**

For dull and tired skin

This facial soothes anxiety and relaxes the nervous system. It is supported by botanical extracts to amplify rejuvenation and three types of gold to infuse the skin with new energy. The treatment releases tension and stress within the face, leaving the complexion brighter and spirit lighter.

— 75 min R7 800

ILA MASSAGE THERAPIES

KUNDALINI BACK TREATMENT

Soothing - Grounding

For exhaustion, stress and chronic fatigue

This nurturing treatment has an extraordinary restorative effect on the sympathetic and parasympathetic nervous systems. Energy is released from the base of the spine, negativity is dissolved, and the body is brought back to a state of balance.

— 60 min R10 500

DEEP THERAPEUTIC MASSAGE

Restorative - Relaxing - Grounding

For muscular fatigue and joint pain, computer shoulders and deep rest

A firm full-body massage releases deeply-held patterns of tension and pacifies your mind. The whole experience has been designed to be both remedial and relaxing: ideal for the release of physical tension from the body.

— 60 min R5 100 - 90 min R6 500

PRANA VITALITY MASSAGE

**Energy Boosting - Detoxifying - Positive Mood Enhancement
For low energy and sluggish circulation**

This revitalising full body massage helps release toxins, reduce fatigue and restore physical and mental strength. Invigorating massage and marma therapy leaves mind, body and spirit sparkling with vitality.

— 60 min R3 700

CBD BODY BALANCE MASSAGE

Harmonising - Balancing - Relaxing

For deep peace and renewal

This back massage soothes and calms the entire nervous system, and is followed by a chest and abdomen massage (arms if preferred). The treatment concludes with a grounding foot massage that gently brings you back down to Earth feeling calmer, fresher and connected.

— 60 min R3 800



ILA SCRUBS AND WRAPS

ENERGISING AND DETOXIFYING BODY RENEWAL

**Toning – Skin illuminating - Cleansing
For exhaustion and combatting cellulite**

Using the ionising properties of Himalayan salt crystals, this body renewal is gently massaged into the skin resulting in rapid exfoliation and the elimination of toxins and tension. It cleanses and strengthens the bio-energy fields leaving the mind, body and spirit uplifted.

— 60 min R3 950

BLISSFUL BODY RENEWAL

**Nourishing – Skin illuminating - Restorative
For depletion and fatigue**

Drawing on the healing properties of Himalayan salt crystals, this body scrub nourishes both physical and emotional well-being. This treatment settles the nervous system and revives stressed or neglected cells. Skin is left glowing with health and a sense of joy is restored.

— 60 min R5 300

BODY WRAP FOR BIO-ENERGISING

**Detoxifying - Cleansing - Energising
For sluggish and tired body and mind**

In this deeply rejuvenating treatment, an energising and detoxifying scrub is intensified by the addition of a mud wrap, drawing deeper toxins from the cells. Revitalising the skin and lymphatic system, the wrap physically detoxifies and cleanses the body, re-energising and softening skin.

— 90 min R9 990

PEARL AND JASMINE SCRUB WITH AMETHYST WRAP

**Restoring nervous system - Reconnection - Radiance
For life's transitions**

This pearl and jasmine Himalayan salt crystal scrub has the immediate effect of restoring vitality and energy levels, mental clarity, well-being and strength. The ensuing amethyst gel body wrap relaxes and balances the nervous system, stimulating circulation, regeneration of skin cells, and cell growth.

— 90 min R9 200



ILA EXPERIENCES

ILA CHAKRA WELLBEING

The ultimate ritual for restoring mind, body and soul
As exquisite as it is holistic, this bespoke treatment – tailored to the needs of each individual – works on the muscles, lymph and nervous system as a whole.

Based around seven blends of chakra-balancing essential oils, each unique ritual involves deep relaxation of the nervous system, sensuous lymphatic drainage, subtle healing of the chakras and the pouring of warm oil over the third eye to restore and relax every sense.

— 120 min R13 900

CBD RITUAL

Harmony - Balance - Brightening

A restorative face and body treatment to reduce fatigue and instil deep calm and harmony within.

A specialist Marma-point massage on the back of the body releases tension and loosens up the body. The enlightening facial introduces active CBD into the face and neck to calm inflammation and fortify the skin whilst soothing anxiety and relaxing the nervous system.

A unique 'nerve point therapy' massage technique is used to smooth out facial nerves releasing tension and stress within the face, leaving the complexion brighter and spirit lighter.

Emerge feeling serene, calm and collected.

— 120 min R11 500

COUPLES CONNECT

Reconnection - Love - Happiness

Designed for couples to experience together, this sensual ritual helps calm the nervous system and promote reconnection on a physical, emotional and spiritual level.

Focusing on the heart, sacral and crown chakras, it draws on the strength of three exquisite oils – rose (the flower of love), orange blossom (the flower of bliss) and jasmine (the flower of uniting love). Chakra healing and the pouring of warm oil over the third eye encourage a beautiful union of body, mind and soul.

— 120 min R15 000

ILA EXPRESS TREATMENTS

EXPRESS BLISS FACE THERAPY

This treatment uses delicate techniques to open the energy centres of the face, working with the body's higher energy to induce feelings of deep peace and beautifully glowing skin. A perfect quick-fix for dehydrated and tired skin.

— 30 min R2 800

INSTANTLY DETOXIFYING SCRUB

This energising full-body scrub targets cellulite, stress and exhaustion. Drawing on the ionising properties of Himalayan salt crystals, it stimulates circulation and toxin elimination, uplifting mind, body and spirits.

— 30 min R3 100

IMPECCABLY PERFECT HANDS

Release tension from the hands and restore a noticeably younger, smoother appearance with this combination of scrub, rose balm, marma massage and hydrating rose quartz gel mask.

— 30 min R1 150

BACK AND SHOULDER RECOVERY

Using a unique blend of five elements oil, this Tibetan-style massage combines gentle cupping and kneading to stimulate the flow of energy along the spine and strengthen the nervous system.

— 30 min R3 900

SCALP AND HEAD REVIVER

Combining scrub, mask and acupressure, this invigorating and restorative treatment relieves tension in the head and neck whilst nourishing the hair and hair follicles with vital minerals and oils.

— 30 min R3 500

FLAWLESS FEET TREAT

A relaxing and energising treat for flawless feet, comprising an Energising and Detoxifying scrub to smooth, marma massage and foot mask to stimulate, and vital energy cream to soften. Perfect for jetlag. Treatment ritual - Exfoliation and soak, massage, marma therapy, mud mask, cream application.

— 30 min R1 450

STEENBERG'S SIGNATURE PACKAGES

Steenberg's selection of signature packages reflect our holistic approach to well-being, with each treatment restoring harmony and an energised sense of being.

DRIFT AWAY

Release tension from your mind, body, and soul and relish in an exfoliating body polish of your choice, followed by a balm-infused signature hot stone massage and scalp ritual to leave your skin feeling refined and alive. Drift away as you enjoy your scalp ritual and pressure point foot massage.

— 2 hrs R2 200

SOULFUL DECADENCE

Embark on your journey of pure decadence with a signature energising massage of your choice. End your blissful experience with a bespoke facial, scalp ritual, and pressure point foot massage.

— 2 hrs R3 800

SCENTED BLISS

Soak up the sounds and scents of nature with a side-by-side bespoke herbal oil massage, pressure point foot massage and scalp ritual in our Scented Garden. To round off your al fresco treatment, refresh with a dip in the pool while sipping a glass of Steenberg 1682 Chardonnay Cap Classique.

— 60 min R3 100 per couple - 90 min R3 800 per couple

BEING IN BALANCE

When you need the best of both worlds, begin with an exfoliating body polish and signature massage, pressure point foot massage followed by your bespoke facial and scalp ritual, leaving your skin feeling revitalised and refreshed. Complete your experience with a light lunch.

— 2.5 hrs R4 150



INNER PEACE

Realign your body's natural balance with our half-day package to re-energise and re-invigorate your senses. Begin your journey with a signature massage, bespoke anti-ageing facial, pressure point foot massage, and scalp ritual, followed by a luxurious manicure or pedicure. End your restorative journey with a light lunch.

— 5.5 hrs R5 100

MIND, BODY AND SOUL

Start your full day journey with an exfoliating body scrub and a beautifully cocooned Wrap. Release all the essential oils by enjoying a steaming shower followed by a sleep therapy massage, bespoke facial and scalp massage, and pressure point massage. End your treatment with a luxurious manicure and pedicure. Included is a two-course seasonal lunch.

— 8 hrs R8 900

CELEBRATIONS

Whether you are celebrating a special occasion or just in need of some downtime, we have a custom package to meet your needs.

Choose from the options below:

— **1.5 hrs R1 700**

Any 3 of the following:

Back Massage

Scalp Massage

Express Manicure

Express Pedicure

OR

Any 2 of the following (45min):

Express Facial

Back Massage

Pressure Point Foot Massage

Indian Head Massage

*Minimum of 3 guests

MEN'S JOURNEY TO RESTORATION

Take time out from the hustle-bustle of daily life and enjoy our Signature Deep Tissue Massage followed by an energising Facial, Scalp, and Foot Ritual leaving you feeling revitalised. End your treatment with our delectable seasonal two-course lunch.

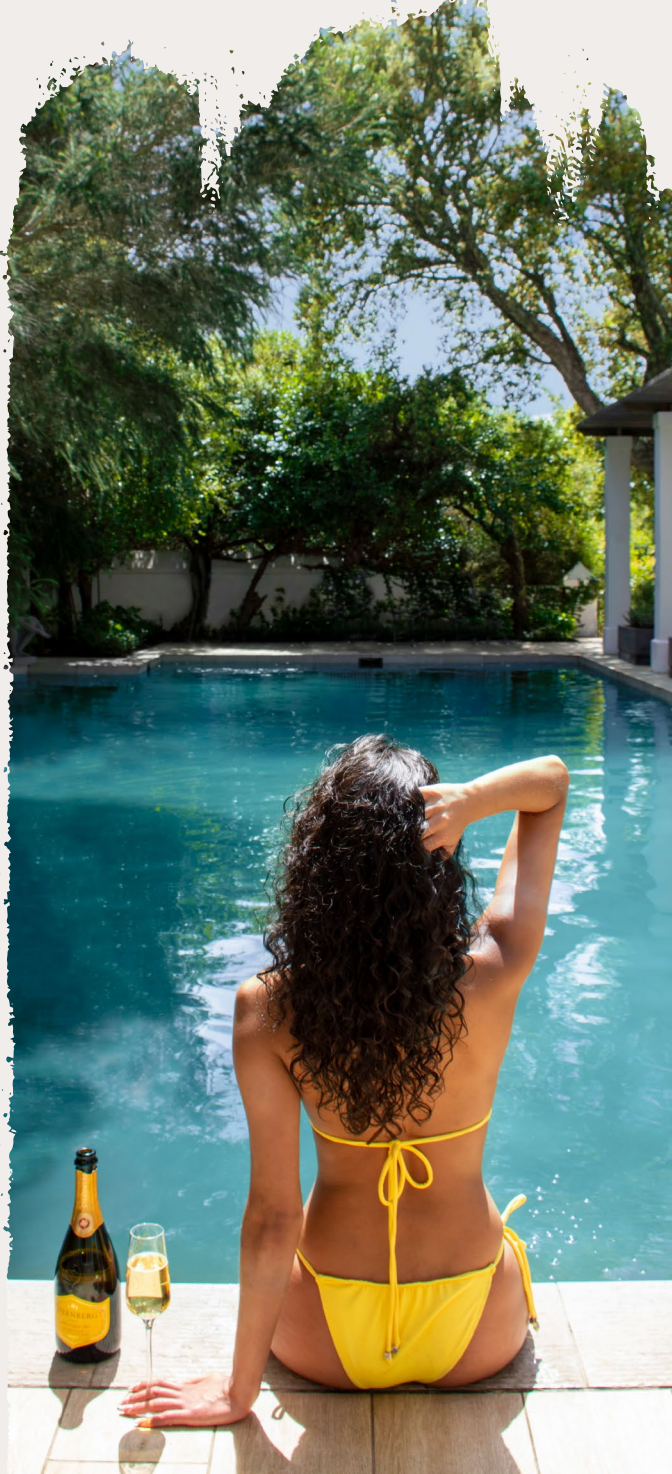
— **3 hrs R3 300**

ROMANTIC ESCAPE

Escape to a harmonious dimension and restore your couple's unity. Relax and unwind with a luxurious couple's massage followed by a 3-course dinner.

— **60 min R3 900 per couple**

*All Spa packages include leisure time at The Pool House.



STEENBERG'S PERSONALISED SPA GROUP

Create your ideal spa group experience by selecting your favourite treatments to personalise your wellness journey.

120 minute Spa Package
R3 800 per person

180 minute Spa Package
R4 500 per person

30 minute options:

Pressure Point Foot Massage
Indian Head Massage
Back, Neck and Shoulder Massage

60 minute options:

Holistic Touch Massage
Cupping Massage
Deep Tissue Massage
Facial
Manicure
Pedicure

Each package includes leisure time at the Pool House.
End off with a delicious 2-course seasonal lunch at Tryn whilst sipping on a glass of Steenberg Cap Classique.

*Minimum of 5 guests



STEENBERG'S MASSAGES

INDIAN HEAD MASSAGE

This treatment is based on old Ayurvedic techniques, involving massage movements on the upper back, shoulders, neck, scalp and face. Reducing stress and increasing mental clarity, this treatment relaxes and rejuvenates the body, mind and soul.

— 45 min R950 ~ Add a hot oil hair and scalp treatment R300

PRESSURE POINT FOOT MASSAGE

A focussed pressure point foot massage technique that boosts the immune system, relaxes the body and restores energy.

— 45 min R850

MERIDIAN APPRAISE SCALP AND FOOT MASSAGE

A balancing massage treatment helping to relax, relieve tension in the scalp, legs, and feet as well as working on calming and relaxing pressure points to help restore energy balance.

— 60 min R1 050

BACK, NECK AND SHOULDER MASSAGE

Targeted massage to release tension and restore equilibrium.

(Upgrade to a specialised back massage at additional cost of R150).

— 45 min R1 100 ~ 60 min R1 250

HOLISTIC TOUCH MASSAGE

Our signature Swedish style massage allows you the opportunity to customise your treatment, by selecting your massage oils and areas that are focused on.

— 60 min R1 300 ~ 90 min R1 500

CLASSIC DEEP TISSUE MASSAGE

A firm pressure massage that concentrates on the deeper layers to target stiff and tired muscles.

— 60 min R1 500 ~ 90 min R1 700

MAGNESIUM MAGIC

Re-energise the body while treating symptoms of insomnia, pain, and fatigue. Our luxurious magnesium therapy induces a state of calm and promises a good night's sleep.

— 60 min R1 500 ~ 90 min R1 700



REFLEXOLOGY

Focused on the feet, this massage helps alleviate stress, reduce tension and enhances the body's natural healing processes.

— 60 min R1 100

NEW ARRIVAL MASSAGE

A tailor-made, relaxing full body massage using our safe but effective pre-natal techniques. Includes a superb leg wrap to help with water retention. Available in your second and third trimesters.

— 60 min R1 300

BELLABACI SIGNATURE MASSAGE

A tailor-made experience of cupping techniques designed to relax your mind, body, and soul. Enhances circulation and eliminates toxins whilst relieving tension.

— 60 min R1 500 ~ 90 min R1 700

HOT STONE MASSAGE THERAPY

A specialist massage technique using smooth heated basalt stones which help to alleviate pain and eases tense muscles.

— 60 min R1 500 ~ 90 min R1 700

BREATH OF LIFE MASSAGE

A deep tissue sports massage that includes specialised stretching techniques and focuses on enhancing circulation, and flexibility, increasing tissue elasticity, and reducing muscle tension.

— 90 min R1 900

Massage treatment upgrades: R300

Personalise your massage with one of the following massage upgrades:

Hot stones | Bellabaci cupping | Deep tissue | CBD (R400)

Choose to experience your massage in our scented garden
R300 per couple (Please note this option is weather dependent)

CELEBRATE YOUR EXPRESSION

QMS Medicosmetics are targeted and proven treatments that transform your skin delivering immediate and long-term results. Founded by doctors and grounded in science.

Discuss the option of treatment enhancements with your therapist

QMS Facials

QMS PURE OXYGEN FACIAL

This highly rejuvenating facial encourages circulation and stimulates cell renewal, by using high concentrations of collagen and QMS Oxygen Machine.

— 75 min R2 100

QMS COLLAGEN RECOVERY FACIAL

An advanced anti-aging treatment featuring QMS Medicosmetics, high-grade, natural soluble collagens combined with pioneering exfoliating technology. This will restore, rejuvenate and revitalise.

— 75 min R2 800

QMS ACTIVATOR FACIAL

Based on QMS innovative activation techniques, this energising treatment regenerates and refuels the skin through the supply of active ingredients leaving it firm, fresh and glowing. The perfect post-flight treatment.

— 60 min R1 600

QMS URBAN REPAIR

Facial treatment to target the damaging effect of daily pollutants on the skin. Restore your skin's natural wellness with radiance, brightening, and glow!

— 60 min R2 800

QMS NEO-TISSUE DERMIE FACIAL

Styled to combat the signs of ageing, this firming and toning treatment is especially beneficial for more mature skin.

— 75 min R2 800



QMS COLLAGEN RENEWAL FACIAL

Restores and revitalises the complexion whilst improving moisture levels. Skin is left firmer, fine lines reduced and texture is improved.

— 60 min R1 900

QMS PIGMENT CORRECTOR FACIAL

This facial effectively treats age and dark spots, brightens the skin and helps prevent the formation of further hyperpigmentation. Highly recommended as a 3 month course with home use of Skin Tone light.

— 75 min R2 600

QMS SENSITIVE SKIN REPAIR

Soothes, calms, and reduces sensitivity and inflammation without causing further irritation.

— 60 min R1 700

QMS EPIGEN ANTI-STRESS TREATMENT

Supporting the body's own detox system by activating the lymph, this treatment combines manual and QMS formulated products to stimulate and help the skin recover from the effect of cortisol, our stress hormone, on the skin. This treatment leaves you feeling refreshed and renewed from the daily aspects that can cause the skin to become dull and tired.

— 75 min R2 200

QMS LOVE THE SKIN YOUR BABY IS IN

Combines the benefits of intensely moisturizing and energizing facial with a relaxation massage of the arms, neck, and shoulders to release tensions. Helps to maintain wellbeing and vitality of the skin throughout pregnancy.

— 60 min R1 800

Treatment enhancements

QMS OXYGEN MACHINE

This gentle treatment helps detox the skin which encourages collagen production, a decrease in acne scarring as well as reducing the appearance of pigmentation, fine lines, and wrinkles.

— 15 min R480

QMS EYE RECOVERY TREATMENT

To lift tired and puffy eyes and rejuvenate the delicate eye area with intense hydration to nourish, refresh and smooth.

— 15 min R600

QMS LIP ZONE REPAIR

Combining the action of the Lip Line Corrector and oxygen to treat the fine lines and wrinkles of the upper lip zone with Intensive hydration.

— 15 min R600

QMS-HAND RECOVERY

Hands will look younger and feel smoother with this exfoliating and moisturising treatment. This treatment can be adapted to target excess pigmentation marks.

— 15 min R600



Margaret Dabbs®

LONDON

Margaret Dabbs™ London is the globally recognised British Beauty Brand created by Margaret Dabbs OBE that fuses the best of medical science with the best of beauty, to produce a unique and unrivalled range of hugely effective, credible yet luxurious Spa and Clinic Treatments and Retail and Professional beauty products for Feet, Hands, and Legs.



NAIL & SPA TREATMENTS

Pedicures

Margaret Dabbs™ London – the leading name for foot products that beautify as well as effectively treat the skin of the feet. Outstanding formulations give you “new feet” and deliver that “Walking on Air” experience that you will only ever get from a Margaret Dabbs™ London foot treatment.

PURE GOLD LUXURY PEDICURE

Our advanced luxury vegan-friendly pedicure with expert treatment techniques indulge the feet and hands in PURE luxury. The most opulent Spa Pedicure yet.

— 70 min R1 500

SUPREME PEDICURE WITH MASSAGE

Luxury Supreme Pedicure is an outstanding treatment that transforms the feet. Performed on dry skin with expert techniques to medical standards of hygiene utilising sterilised, single-use tools created by Margaret Dabbs™ London. Feet are left looking renewed and younger, soft, silky, illuminated, and light. Can be followed by a toenail paint.

— 60 min R900

PURE SUPREME PEDICURE

This outstanding luxury pedicure treatment focuses on foot health and returns the foot and toenails back to a more youthful appearance. This treatment transforms the way your feet both look and feel. Finish with nail polish if you wish to add some colour.

— 60 min R950

THE LUXURIOUS FOOT AND LOWER LEG MASSAGE

A luxurious, toning leg and foot pampering massage which utilises the Margaret Dabbs™ London Firming Leg Serum and Intensive Hydrating Foot Lotion for instant treatment results. This treatment relieves and refreshes over-tired, overworked feet and leaves you walking on air. Can also be added to any other treatment.

— 30 min R750

Manicures

Margaret Dabbs™ London – anti-ageing hand range has been expertly formulated to give you healthy and more youthful hands. Utilising plant extracts such as Hempseed and Seaweed to boost & maintain the moisture levels, collagen, and elasticity of the skin, with anti-inflammatory properties and scented with geranium and mandarin.

SUPREME MANICURE WITH TREATMENT GLOVES

Unique, anti-ageing expert manicure treatment, with Pure Hand Mask and Luxury Treatment Gloves. Giving long lasting results and deep hydration, with the indulgence of the full range of Margaret Dabbs™ London Fabulous Hands professionally formulated products.

— 50 min R850

PURE SUPREME MANICURE WITH TREATMENT GLOVES

Our unique anti-ageing expert manicure treatment gives exceptional results, with a focus on treating nails and cuticles and uses our award-winning Margaret Dabbs™ London PURE Hands product range. The manicure is finished with a lower arm and hand massage and with your choice of nail polish.

— 50 min R800

ANTI-AGEING HAND THERAPY

A Margaret Dabbs™ London Facial for the Hands. This anti-ageing treatment avoids any nail or cuticle work but focuses on the skin of the hands. A perfect treatment to have between manicures to visibly improve the appearance and comfort of the hands whilst repairing and protecting the skin.

— 25 min R800



Leg therapies

Leg Therapies by Margaret Dabbs™ London have medical and beauty benefits and contain key ingredients of Legance™ and V-Tonic complex focusing on targeting cellulite, reducing water retention, venous de-congestion and foot and lower leg swelling whilst at the same time transforming legs leaving them feeling smooth, visibly more slender, silky, and light.

YELLOW MASQUE LEG TREATMENT

A luxurious treatment created to illuminate, brighten, revive, and refine the appearance of the legs whilst also working to improve circulation, cellulite, and skin complexion. Legs are left radiant and bright with firmness and tone improved.

— **60 min R1 200**

RELIEVING & TONING BLACK LEG MASQUE TREATMENT

This treatment is designed to relieve the feeling of heavy, tired, and uncomfortable legs. It works to help stimulate circulation and reduce water retention, whilst providing a cooling sensation to soothe swollen or fatigued legs.

— **70 min R1 350**

Finishing Touches

HANDS AND FEET ENHANCEMENTS

- French Polish (15 min R150)
 - Gel Polish (15 min R200)
 - Gel Soak Off (30 min R200)
 - MediHeel Peel (15 min R400)
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WAXING

Our Cirepil by Perron Rigot award-winning wax is gentle on your skin and highly effective.

Lip/Brow/Chin/Nose/Ear	10 min R180
Underarms	15 min R350
Half Arm	30 min R450
Full Arm	45 min R400
Half Leg	30 min R350
$\frac{3}{4}$ Leg	45 min R400
Full Leg	45 min R450
Bikini	15 min R320
G-String	30 min R430
Brazilian	30 min R400
Hollywood	30 min R430
Full Chest or Back	45 min R495

THREADING

Lip / Brow / Chin	15 min R150
Full Face	30 min R400

TINTING

For added depth and colour to your eyes and definition to your face.

Lash or Brow	15 min R150
Brow and Lash	20 min R220

TWEENS MENU

(6–11 years old)

SPARKLE MANI AND PEDI

A shimmery water soak, massage and polish application.
— 60 min R550

BRIGHT AND LIGHT

A gentle facial cleanse, tone, massage and mask.
— 30 min R500

A NEW LEAF

A relaxing back massage to revive the senses.
— 30 min R400

LITTLE MOMENTS

An invigorating and soothing scalp and foot massage.
— 30 min R500



TEENS MENU

(12–17 years old)

PORE PERFECTING FACIAL

Cleanse and reduce the appearance of facial pores with a gentle cleanse and exfoliation, facial steam, light extractions, and a calming mask.

— 60 min R900

TENSION RELEASE MASSAGE

A tension reducing massage focusing on your specific areas of concern.

— 45 min R690

MANICURE OR PEDICURE

Considered nail care which includes exfoliation, massage and a polish application.

— 45 min R460

*All Tweens and Teens treatments are offered as group bookings.

Bookings & Cancellations

A 50% deposit secures your spa booking. This is 100% refundable for cancellations and rescheduling up to 24 hours before the booking time.

Failure to arrive for the booking will incur the full charge for the treatment booked and we reserve the right to redeem your voucher accordingly.

Vouchers may incur a difference to settle due to annual price increases.

All treatment packages are offered to couples.

Please contact reception to book in-room or out of hours treatments and to be advised of the additional charges.

Treatment menu prices are valid from 1 October 2024 – 30 September 2025

Spa Guidelines

To enhance your experience, please arrive 15 minutes prior to your treatment time to complete your client card.

Late arrivals will enjoy the time remaining on their treatment and be charged for the treatment booked.

Your comfort and wellbeing is our primary concern so please inform your therapist of any health challenges, concerns or sensitivities so we can support you to choose the most suitable treatment and products.

To ensure the tranquillity and the serenity of the spa experience for everyone, we request no cell phones are used while in the spa.

We accept payment by cash, debit card, credit card and Steenberg Spa vouchers.

Steenberg Spa vouchers are available for the full range of treatments. Please enquire at reception or email us to choose the perfect gift for a loved one, friend, or colleague.

There are lockers in our cloakrooms where you are welcome to place your valuable items, at your own risk.

All prices are subject to change.





STEENBERG

SPA

Margaret
Dabbs
LONDON

ilā


bellabaci™
KISS OF WELLNESS

08h00 to 18h00 Monday to Sunday (later appointments available on request)

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